

# YOUR LUNCH MENU

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GREAT NUTRITION IS ONLY THE BEGINNING

JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Happy New Year!!!</b> Closed	2 <b>Chicken Nuggets</b> Chicken Wheat Roll (WGR) Green Beans Peaches 1% or Whole Milk	3 <b>Pizza Pasta</b> Mozz/Red Sauce Wheat Elbow(WGR) Peas & Carrots Fresh Banana 1% or Whole Milk	4
5	6 <b>Breakfast 4 Lunch</b> Egg&Cheese Omllette English Muffin(WGR) Carrots Pear 1% or Whole Milk	7 <b>Chicken Salad Wrap</b> Chicken/Cheddar Wheat Tortilla Shell(WGR) Corn Fresh Apple 1% or Whole Milk	8 <b>Meatball Bomber</b> Chicken/Beef Wheat Roll (WGR) Mixed Veggies Pineapple 1% or Whole Milk	9 <b>BBQ Burger</b> Beef Hamburger Bun (WGR) Fresh Salad Fresh Orange Slices 1% or Whole Milk	10 <b>Lazy Lasagna</b> Beef/LF Mozz/Ricotta Wheat Elbow (WGR) Peas Fresh Banana 1% or Whole Milk	11
12	13 <b>Turkey Dogs</b> Turkey Wheat Roll (WGR) Green Beans Pineapple 1% or Whole Milk	14 <b>Taco Tuesday</b> Ground Chicken& Beef/Ch Wheat Tortilla Shell(WGR) Corn Fresh Apple 1% or Whole Milk	15 <b>Sloppy Joe</b> Ground Beef Wheat Roll (WGR) Mixed Veggies Fresh Orange Slices 1% or Whole Milk	16 <b>Turkey &amp; Gravy</b> Turkey Biscuit(WGR) Mashed Potatoes Peaches 1% or Whole Milk	17 <b>Mac &amp; Cheese</b> Mozz/Cheddar Cz Wheat Elbow(WGR) Peas Fresh Banana 1% or Whole Milk	18
19	20 <b>Chicken Patty</b> Chicken Wheat Roll (WGR) Mixed Veggies Pineapple 1% or Whole Milk	21 <b>Meatball Bomber</b> Chicken/Beef Wheat Roll (WGR) Corn Fresh Apple 1% or Whole Milk	22 <b>Turkey Bologna Sub</b> Turkey Bologna Wheat Roll (WGR) Carrots Fresh Orange Slices 1% or Whole Milk	23 <b>BBQ Chicken Wrap</b> Chicken Wheat Shell(WGR) Green Beans Pears 1% or Whole Milk	24 <b>Taco Mac</b> Mozz/Beef/Chicken Wheat Elbow(WGR) Peas & Carrots Fresh Banana 1% or Whole Milk	25
26	27 <b>Salisbury Steak</b> Beef & Gravy Wheat Bread (WGR) Mixed Veggies Pears 1% or Whole Milk	28 <b>Taco Tuesday</b> Ground Chicken& Beef/Ch Wheat Tortilla Shell(WGR) Corn Fresh Apple 1% or Whole Milk	29 <b>Sloppy Joe</b> Ground Beef Wheat Roll (WGR) Green Beans Fresh Orange Slices 1% or Whole Milk	30 <b>Turkey Sub</b> Turkey Wheat Roll (WGR) Carrots Peaches 1% or Whole Milk	31 <b>Mac &amp; Cheese</b> Mozz/Cheddar Cz Wheat Elbow(WGR) Peas Fresh Banana 1% or Whole Milk	



All lunches follow cacfp (child and adult care food program) (WGR) = Whole Grain-Rich Foods

**Milk Guide** 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)

While we do not use any peanut/tree nut products in our food/recipes, we have been advised by all our distributors and lawyers that all warehouses/delivery trucks have peanuts/tree nuts products in/on them and are not stored separate from the food we receive. **We do not serve any children with severe allergies of any kind.** Riva's Catering Presents Cater Tots is a Cater Tots Inc., RCT Catering Inc., Riva's Catering Inc. Company.